



**FREE** ACTIVITIES



Why **Not** Try  
Something  
**New?**

FE Brochure for the  
Enrichment Programme  
2009/2010



DONCASTER  
COLLEGE

Proposed activities maybe subject to change or cancelled due to numbers





# 2 Wild Wednesdays!

The College is committed to equal opportunities and accessibility to the enrichment programme, if you have any concerns, suggestions or would like to find out more please contact the team.



**Street Dance**- is an umbrella term, used to describe dance styles that evolved outside of dance studios in everyday spaces such as streets & school yards. They are often social in nature, encouraging interaction and contact with the spectators and the other dancers.

Venue - The Hub

Time - 2-3pm

Block 1,2,3,4,5



**Salsa** - is a dance for Salsa music created by Spanish -speaking people from the Caribbean. Salsa dancing mixes African and European dance influences through the music and dance fusions that are the roots of Salsa:

Venue - The Hub

Time - 1-2pm

Block 1,2,3,4,5



**Capoeira** - is an Afro - Brazilian art form that combines elements of martial arts, games, music, and dance.

Venue - The Hub

Time - 1-2pm

Block 1,2,3,4,5



**Break-dance & Urban Culture** –you will be taught how to beat match and synchronise urban music. you will also learn how to rhythmically scratch samples over a given record.

Venue - The Hub

Time - 1-2pm

Block 1,2,3,4,5



**Waterstart** – complete crew course provides you with all the practical skills needed to act as a crew member on a canal boat.

Venue - Thorne

Time - 1-4pm

Pickup / drop-off - The Hub

Block 2,3





**Horse Riding** – from beginner to expert you will find this activity suits all levels.

Venue - Doncaster

Time - 1-3pm

Pickup / drop-off—The Hub      Block 3,4,5



**Go—Karting** - tests your driving skills and endurance to the utmost, you will need speed, skill and bravery as you tackle the tricky bends. so its no surprise that Karting is the training ground for today's top Formula One drivers

Venue - Swinton

Time - 1-4pm

Pickup / drop-off - The Hub      Block 2



**Climbing** - combining the excitement of extreme sports with a safe and controlled environment, the climbing wall known as The Ridge, provides the perfect environment for climbers of all abilities.

Venue - The Dome

Time - 1-2pm

Pickup / drop-off –The Hub      Block 1,2,3,4,5



**Ice Skating** - is great fun and a great way to get in shape.

Venue - The Dome

Time - 1-2pm

Pickup / drop-off - The Hub      Block 1,2,3,4,5



**Hatfield Water Park** - ever fancied a go at water sport like kayaking & Canoeing or having a go at abseiling with this and many more activities on offer why not give it a try.

Venue - Hatfield

Time - 1-3pm

Pickup / drop-off - The Hub      Block 4,5





**Duke of Edinburgh** - programme is a real adventure from beginning to end. It can be full of activities and projects that get you buzzing. Along the way you'll pick up friends and talents that will stay with you for the rest of your life.

Venue - The Hub  
Day - TBC  
Time - TBC



**Medieval Re-enactment Group** - Act out scenes from the medieval times.

Venue - The Hub  
Day - Wednesday  
Time - 6 - 9pm



**Taekwondo** - Tae Kwon-Do, Kickboxing style training, Self Defence, Self Improvement, Fun & Fitness, Sport Competition, Personal Development

Venue - The Hub  
Day - TBC  
Time - TBC

## NUSCARDS

**Love to shop? Cinema? Or cheaper food? Would you like discounts in over 40,000 stores?**

Don't forget to purchase your NUS card from the Student Union (N1.604) from September.



*All you need is £10  
A passport sized Photograph  
A valid email address*



# Get Creative@College...

**Journalism** - is the craft of conveying news, descriptive material and comment via a widening spectrum of media. These include newspapers, magazines, radio and television and the internet.

Venue - The Hub  
Day - Wednesday  
Time - 1-2pm

Block 2,3



**Book Club** - Are you a book worm? Come to the book club and discuss your favourite reads.

Venue - The Hub (LRC)  
Day - Wednesday  
Time - Wednesday 1 - 2pm



**Common Room Committee** - be part of a group that makes decisions about what happens in your Common Room. Come see Emily in N1.604 to sign up.

Venue - Common Room  
Day - Wednesday  
Day & Time -TBC



**Graffiti & Music** - when people refer to 'graffiti art,' they usually talk about a specific type of graffiti closely linked with hip-hop culture and the production of elaborately designs

Venue - The Hub  
Day - Wednesday  
Time - 2-3pm

Block 1,2,3,4,5



**Balloon Artistry** - Have fun making objects out of balloons.Can you make a giraffe?

Venue - The Hub  
Day - Wednesday  
Time - 1-2pm



**Nail Art** - have a go at designing your own nails and get pampered.

Venue - The Hub  
Day - Wednesday  
Time - TBC



**Theatre Workshops** - Calling all budding actors, come have some fun acting out scenes of your choice or even write your own plays

Venue - The Hub  
Day - Wednesday  
Time - TBC



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# Come and make **YOUR** voice heard in **your college!**

Make a difference in your College and make changes on behalf of the students and make Doncaster College a better place to study, learn and grow

**What is a Student Governor?** College provides an opportunity for 2 students to become members of the governing body on the Corporation Board. This is a real opportunity to learn about how the college is run and to contribute to its future development. The governors meet once a month, it is usually the last Wednesday of the month, they are held at the Hub at 5.30pm and last no more than 2 hours.

Full briefing and support training sessions will be given to the successful candidates.  
**A voting process and ballot boxes will be used.**

**Student Parliament** - each Academy/Faculty will elect 2 representatives for the Student Parliament. It will raise and debate student issues, which will then be fed into the College committee structure for comment, response and/or action. The principal will chair the Student Parliament.

**Student Governor Election dates:**  
FE - 5th November 2009  
HE - 20th November 2009

Student Parliament offers an opportunity for students to influence developments in College.

## **Student Parliament Dates**

These will all take place in the Boardroom at the Hub 12pm till 2pm  
Wednesday 14th October 2009  
Wednesday 9th December 2009  
Wednesday 10th February 2010  
Wednesday 12th May 2010

# Call in to the Common Room to see **Mike!**



# Key events dates

- National Sexual Health Week - **14th-26th September**
- Meningitis Awareness week –**15th - 21st September**
- World Mental Health Day– **10th October**
- Breast Cancer Awareness - **13th October**
- One World Week - **18th—25th October**
- Black History—**20th October**
- National Care Leavers Week - **26th - 30th October**
- Children in Need –**13th November**
- Anti Bullying Week - **16-20th November**
- International Day of Persons with a Disability- **2nd December**
- World Aids Day - **9th December**
- Health month– **January**
- Contraception Awareness - **9th February**
- International Women’s Day - **8th March**
- No Smoking Day - **11th March**
- World Health Day– **7th April**

**Did you know College has an 18 hole Golf course??  
 Speak to the Student Union team in N1.604 for more details on how you can play.**

**Watch out for where you can sign up for these activities!**

Health Drop-ins will be available throughout the week for support, guidance and advice on any health related needs or concerns that you may have.

Watch out for more information on the plasma screens and Student Common Room

Watch this space!





## 8 Fitness suite

The Hub's multi purpose fitness suite is open daily and free to use to all students.

All students using the suite for the first time are given introduction by Bez, who will show you how to use all the equipment properly, making sure you don't injure yourself.

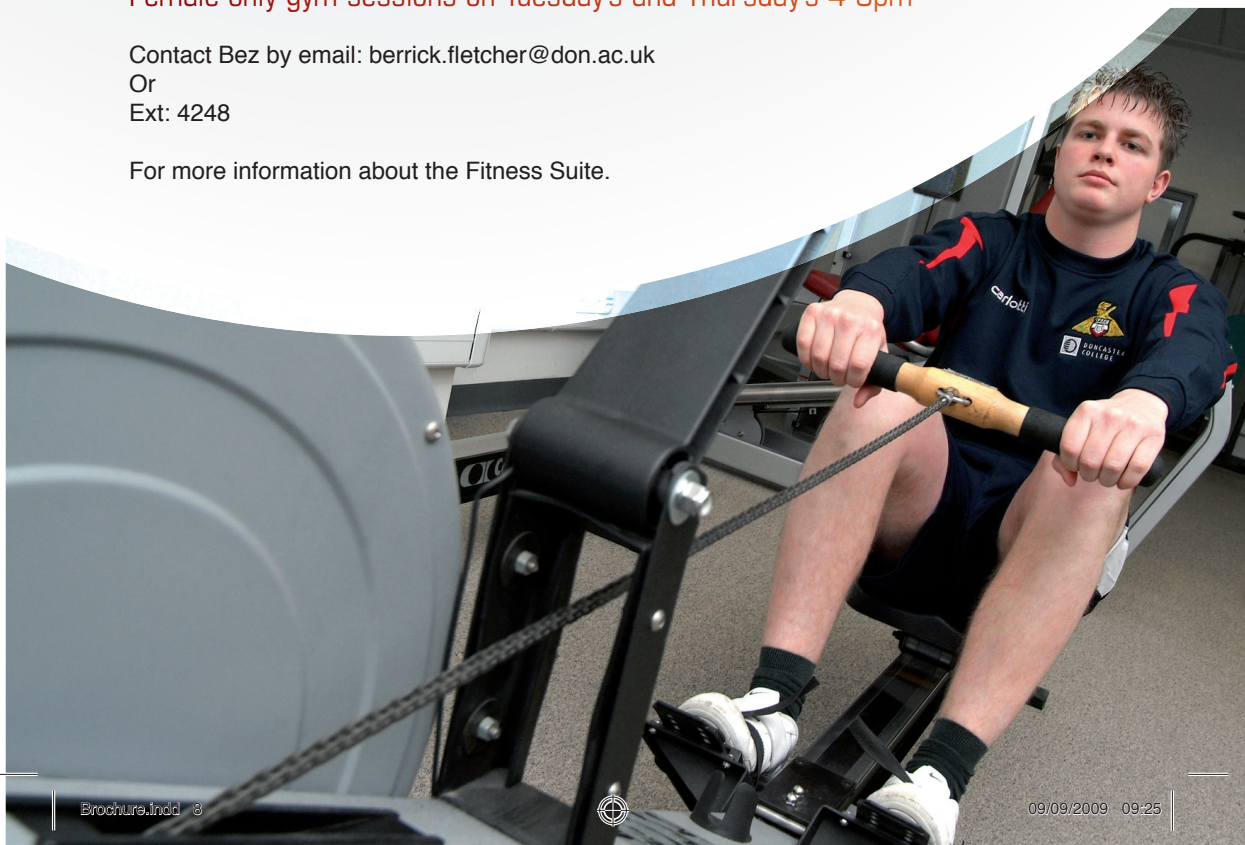
### Opening Times

Monday-	12.30 - 2	4-6pm
Tuesday-	12.30 - 1.30	4-6pm
Wednesday-	12.30 - 1.30	4-6pm
Thursday-	12.30 - 2	4-6pm
Friday-	12.30 - 2.15	Closed

Female only gym sessions on Tuesday's and Thursday's 4-5pm

Contact Bez by email: [berrick.fletcher@don.ac.uk](mailto:berrick.fletcher@don.ac.uk)  
Or  
Ext: 4248

For more information about the Fitness Suite.





# Student **common**room

**Open everyday except  
Wednesdays!**

11-2pm Recreational use  
and  
Mondays and Thursdays  
2.30—4pm Workshops

Come see Emily in the Student Union (N.1604) with your workshop ideas!

**Pool Games   X-Box Arts and Crafts   PlayStation Chill out   TableTennis Wii**

And much more....

**What activities would you prefer if we have to use our waiting list?**

My first choice \_\_\_\_\_  
My second choice \_\_\_\_\_  
My third choice \_\_\_\_\_

## Photographic Consent form

1. Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_  
2. Address: \_\_\_\_\_  
3. Tel Number: \_\_\_\_\_  
4. Sign: \_\_\_\_\_ Date: \_\_\_\_\_

**(or if under 18, parent/guardian)**

This consent is only for the use of Doncaster College  
and its partners





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# Consent form

## A. TO BE COMPLETED BY PARENT/CARER

1. I acknowledge the need for \_\_\_\_\_ (name) to behave responsibly.
2. Medical information about the student
  - (A) Any conditions requiring medical treatment, including medication?  
If YES, please give brief details: \_\_\_\_\_
  - (B) Does the student have any allergies? \_\_\_\_\_
  - (C) last date of tetanus injection? \_\_\_\_\_

Name of Doctor \_\_\_\_\_ Tel number \_\_\_\_\_  
Address \_\_\_\_\_

## B. TO BE COMPLETED BY STUDENTS

3. Swimming Ability
  - (a) are you able to swim 50 metres? \_\_\_\_\_
  - (b) are you water confident in a pool? \_\_\_\_\_
  - (c) are you safety conscious in water? \_\_\_\_\_
  - (d) are you confident in the sea or open inland water? \_\_\_\_\_
  - (e) do you have any additional needs to enable you to attend any of the activities? \_\_\_\_\_
4. Declaration  
I \_\_\_\_\_ ( name) would like to participate in the Enrichment programme offered by the College, I have read the information provided and agree to take part in activities as described.  
I agree to receiving medication as instructed and emergency medical, dental or surgical treatment, by the medical authorities present.  
I understand the extent and limitations of the insurance provided.  
Signed: \_\_\_\_\_  
  
Emergency contact number: \_\_\_\_\_  
Home address: \_\_\_\_\_  
  
Alternative Emergency contact: Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_ Tel number \_\_\_\_\_  
  
Signed: \_\_\_\_\_ dated: \_\_\_\_\_  
  
Full name ( capitals) \_\_\_\_\_





# Sport fixtures 2009/2010

Football (Male/Female), Basketball, and Netball, will be all be played on each date (Rugby Union to be confirmed)

Dates	Home	Away
Sept 30	Calderdale (spare)	Doncaster College
Oct 14	Leeds City College Park Lane	Doncaster College
Oct 21	Doncaster College	Huddersfield
Nov 4	York College	Doncaster College
Nov 11	Doncaster College	Notre Dame College
Nov 18	Thomas Rotherham College	Doncaster College
Nov 25	Greenhead College	Doncaster College
Dec 2	Doncaster College	Calderdale (spare)
Dec 16	Doncaster College	Leeds City College Park Lane
Jan 13	Huddersfield New College	Doncaster College
Feb 3	Doncaster College	York College
Feb 10	Notre Dame College	Doncaster College
Feb 24	Doncaster College	Thomas Rotherham College
Mar 10	Doncaster College	Greenhead College

**Why not come along and enjoy playing sport. You could even get the opportunity to play for your college against other colleges. All abilities are welcome simply come along at the stated time and location. Please bring appropriate kit/clothing.**





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# Meet **YOUR** student union staff!



**Michael Batty**

Title: Student Union development Worker  
Job Role: To manage the Students' Union, represent students within the College, issue NUS cards and organise events within the College.  
Email: Michael.batty@don.ac.uk



**Donna Robinson**

Title: Student Union development Worker  
Job Role: To manage the Students' Union, represent students within the College, issue NUS cards and organise events within the College.  
Email: donna.robinson@don.ac.uk



**Emily Moran**

Title: Youth Engagement Worker  
Job Role: Manage the Student Common Room, provide support systems for student and organise sessions relating to the Every Child Matters outcomes  
Email: emily.moran@don.ac.uk



**Natalie Marshall**

Title: Educational Champion for Looked after Children  
Job Role: Working with young people in care and care leavers in College  
Email: natalie.marshall@don.ac.uk



**Jo Holt**

Title: V Talent Youth Support Worker  
Job Role: Work with young people 16-25 on full time volunteering opportunities  
Email: jo.holt@don.ac.uk

